Benefits of the Recitation of Tasbīḥ of Fāṭimah az-Zahrā عليها السلام

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Effects of the Tasbīḥ

1. Deliverance from Misfortunes

قَالَ الْإِمَامُ جَعْفَرُ ٱلصَّادِقُ (عَلَيهِ ٱلسَّلَامُ): يَا أَبَا هَارُونَ! إِنَّا نَأْمُرُ صِبْيَانَنَا بِتَسْبِيحِ فَاطِمَةَ سَلَامُ ٱللّٰهِ عَلَيْهَا كَمَا نَأْمُرُهُمْ بِالصَّلٰوةِ فَالْزَمْهُ فَإِنَّهُ لَمْ يَلْزَمْهُ عَبْدٌ فَشَقِيَ.

Imām Jaʿfar as-Ṣādiq (peace be upon him) has said: *"O' Abā Hārūn! We command our youngsters to recite the Tasbīḥ of Fātimah (peace be upon her) just as we command them to perform the Ṣalāt. Therefore, be cautious of (performing) it, for whichever servant is not careful of it will become misfortunate."*



2. Forgiveness of One's Sins

قَالَ الْإِمَامُ جَعْفَرُ ٱلصَّادِقُ (عَلَيهِ ٱلسَّلَامُ): مَنْ سَبَّحَ تَسْبِيحَ فَاطِمَةَ ٱلزَّهْرَاءِ (عَلَيْهَا ٱلسَّلَامُ) قَبْلَ أَنْ يُثَنِّيَ رِجْلَيهِ مِنْ صَلَاةِ ٱلْفَرِيضَةِ غَفَرَ ٱللّٰهُ لَهُ وَ لْيَبْدَأْ بِالتَّكْبِيرِ.

Imām Jaʿfar as-Ṣādiq (peace be upon him) has said: *"Anyone who, after his Wājib Ṣalāt, and before he moves his feet (moves his right foot from on top of his left foot as is recommended in Ṣalāt) recites the Tasbīḥ of Fāṭimah az-Zahrā (peace be upon her), then all of his sins will be forgiven and he should start this Tasbīḥ with 'Allāhu Akbar'."*

3. Heaven Becomes Compulsory

قَالَ الْإِمَامُ جَعْفَرُ ٱلصَّادِقُ (عَلَيهِ ٱلسَّلَامُ): مَنْ سَبَّحَ تَسْبِيحَ فَاطِمَةَ ٱلزَّهْرَاءِ (عَلَيْهَا ٱلسَّلَامُ) فِي دُبُرِ ٱلْمَكْتُوبَةِ مِنْ قَبْلِ أَنْ يَبْسُطَ رِجْلَيهِ أَوْجَبَ ٱللّٰهُ لَهُ ٱلْجَنَّةَ.

Imām Jaʿfar as-Ṣādiq (peace be upon him) has said: *"One who recites the Tasbīḥ of Fāṭimah az-Zahra (peace be upon her) after the obligatory Ṣalāt, before one changes the position they were in (for the Tashahhud and Salām) Allāh will make heaven obligatory for that person."*

4. A Gift from the Angels

Whenever one goes to bed (to prepare for sleeping), one Noble Angel and one Shaiṭān quickly come towards that person. The Angel says to that person, *'Finish off your day in a good way and start off your night in a good manner too.'* Whereas the Shaiṭān says to him, *'Finish off your day in sin and start off your night sinning as well.'*

So, if the person obeys the Angel and ends his day in the remembrance of Allāh and before he goes to sleep starts the night by the remembrance of Allāh by reciting:

Recite 34 Times	*Allāhu Akbar*	اَللّٰهُ اَكْبَرُ
Recite 33 Times	*Alḥamdulillāh*	اَلْحَمْدُ لِلّٰه
Recite 33 Times	*Subḥanallāh*	سُبْحَانَ اللّٰه

then that Angel will get rid of the Shaiṭān, and will protect the person until he wakes up from his sleep. When one wakes up again (in the morning) then that Shaiṭān again rushes to his side and says the same thing that he did when the person was going to sleep, and the Angel too will say what it did the night before. Thus, if a servant again remembers Allāh the way he did before he went to sleep the previous night, then that Angel once more will get rid of the Shaiṭān; and Allāh will write the reward of worship for that person for the entire night.

5) Distancing One's Self from Shaiṭān

قَالَ الْإِمَامُ مُحَمَّدُ بْنُ عَلِيٍّ ٱلْبَاقِرُ (عَلَيْهِ ٱلسَّلَامُ): مَنْ سَبَّحَ تَسْبِيحَ فَاطِمَةَ (عَلَيْهَا ٱلسَّلَامُ) ثُمَّ ٱسْتَغْفَرَ، غُفِرَلَهُ وَ هِيَ مِائَةٌ بِاللِّسَانِ وَ أَلْفٌ فِي ٱلْمِيزَانِ وَ يَطْرُدُ ٱلشَّيْطَانَ وَ يَرْضَى ٱلرَّحْمٰنَ.

Imām Muḥammad ibn ʿAlī al-Bāqir (peace be upon him) has said, *"One who recites the tasbīḥ of Fāṭimah az-Zahrā (peace be upon her) and after that, asks for forgiveness (from Allāh) will be forgiven (by Allāh). This tasbīḥ on the tongue is (the recitation of the Dhikr) 100 times, but as for the weight in the Scale (of Deeds), it is counted as 1000 (good deeds); and (in addition, this Tasbīḥ) will distance Shaiṭān from ones' self and will make the Beneficent (Allāh) pleased (with that person).* ◉